

BALLOCH TO CLYDEBANK HALF MARATHON

(Under UK Athletics Rules. **scottishathletics** Permit)

SUNDAY 14th MARCH 2010

STARTS: LOCH LOMOND SHORES, BALLOCH AT 9.30 AM

Sponsored by Barr Soft Drinks, Loch Lomond Shores, West Dunbartonshire Sports Council and P & A General Store, Old Kilpatrick. Chosen charity - Macmillan Cancer Support.

Extensive Prize List for both men and women in excess of £850. One individual prize per athlete. Medal to all finishers. DAAA Half Marathon Championship Awards (Eligibility confined to members of Clubs affiliated to Dunbartonshire AAA): 1st DAAA male and female, 1st DAAA Team Male and Female.

Entries: *By post to Robert Rogerson, 10 Iona Way, Kirkintilloch, Glasgow G66 3QF (please enclose a stamped self addressed envelope and make cheque or postal order payable to DAAA) or online at www.born2run.co.uk*

ENTRY FEE £12 - **scottishathletics** registered - £14 Unregistered – **Online Entries £1 extra**

ENTRIES CLOSE FRIDAY 26TH FEBUARY 2010 OR WHEN RACE LIMIT OF 600 ENTRIES REACHED. ENTRIES WILL NOT BE ACCEPTED ON THE DAY OF THE RACE.

All entrants must be 17 years of age or over on 14th March 2010. The Entry Fee includes transport from the Playdrome, 2 Abbotsford Road, Clydebank to Balloch. **Buses will depart no later than 8.30am. Changing accommodation is not available before the start** but there will be showers and changing facilities at the Playdrome after the race. **RACE LIMIT 600 ENTRIES**

Time Limit: 2 hours 30 minutes. Race Officials will not be at the finish after 12 Noon.

Enquiries to: ballochtoclydebank@ntlworld.com Des Gilmore: 01413393502(Evening) or John Hamilton 01419428160. For further details/updates log on to www.ballochtoclydebankhalfmarathon.co.uk

ENTRY FORM

Name.....

Athletic Club.....

Full Address including Postcode.....

Email address.....

Date of Birth.....Age on Race Day..... **scottishathletics** RegNo

Category
(Insert Male, Female, Male Vet O/40, Female Vet O/40, Male Vet O/50, Female Vet O/50, Male Vet O/60 or Female Vet O/60)

I enclose cheque/PO No.....for £..... in respect of the entry fee for the Balloch to Clydebank Half Marathon on 14th March 2010.

- I declare that I will abide by the laws and rules of the Governing Bodies.
- I declare that I will not compete in this race unless I am medically fit and accept that I will compete at my own risk.
- I accept that neither the organisers nor the sponsors will be liable for any loss, damage, action, claim, costs or expenses which may arise in consequence of my participation in this event.

Signature.....Date.....

If you do not wish your details to be retained to enable us to inform you of future races by Dunbartonshire AAA tick this box.